



PADI *discover* freediver

PADI
FREEDIVER

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Have you always wondered what it's like to hold your breath underwater?
If you're curious about freediving but not quite ready for a
certification course, we have the perfect option for you:
PADI Discover Freediver.

During the program, we cover essential topics such as breathing techniques,
the effects of pressure underwater, physiology, safety measures and
equalization techniques.

From RM198 per person

Maximum of 4 participants

*Minimum Age : 12 years old
Course Duration : 1 hour*

*We will have all the necessary gear to fully enjoy your underwater adventures.

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